

# myBLUECROSS

Check out the new and improved myBlueCross, where it really is all about you!

## Register for myBlueCross at [AlabamaBlue.com](https://alabamablue.com)

At Blue Cross and Blue Shield of Alabama, we want to make it easy for our members to take charge of their own health and wellness. That's why we created myBlueCross, our member website, and why we're making it even easier to use—so our members can find what they need, fast.

### Features & improvements include:

- 1 NEW! Action Items section** — Quickly guides members to important tasks
- 2 Search Claim Statements** — Brings claims search to the dashboard so it is more easily accessible
- 3 Care reminders** — Now easier to find, highlights gaps in care and helps members stay up-to-date
- 4 Member banners** — Moved to a more visible location, making messages easier to find and helping to close gaps in care

Depending on coverage, each member's dashboard will look a little different.

Visit [myBlueCross](https://alabamablue.com) at [AlabamaBlue.com](https://alabamablue.com)



An Independent Licensee of the Blue Cross and Blue Shield Association

**Account Summary** Customer Service: 1-866-579-1170

Currently Viewing Contract: BLU123456789

Benefit Summary  
Family Deductible - In Network Services

0.0% CINDY  
SPENT \$0.00  
DEDUCTIBLE \$1000.00

0.0% Family  
SPENT \$0.00  
DEDUCTIBLE \$3000.00

View Deductible Details >  
View Out of Pocket Details >  
View Account Summary Details >

**Action Items** 0

**Frequently Visited**

- Rate My Doctor >
- Reimbursement History >
- Claim Statements >

**Manage My Contract**

- Reimbursement Accounts  
View account summary and transaction history for Health Equity rider
- ID Cards  
Order replacement ID cards.
- Proof of Coverage Letter  
Request a letter of creditable coverage.

**Self Service**

- Direct Deposit  
Have reimbursements or other payments transferred directly into your bank account.
- Reimbursement History  
Review reimbursements you've received from us.
- Identity Protection  
Identity Protection Services
- Resources  
Access claim forms, watch videos and more.
- Submit a Claim  
Submit a Claim

**Health Programs**

- Behavioral Health Services >
- Tobacco Cessation Program >
- Talk to a Nurse or Advisor >
- Enroll in Baby Yourself >

**Forms & Materials** [View all Forms](#)

- Medical Expense Claim >
- Dental Claim >
- Vision/Hearing Claim >
- IRS Tax Form 1095 >

**Saving Money**

- Know Where To Go  
Understand the right place to go to save money and receive the right type of care.
- Treatment Cost Estimator  
Estimate your costs by location, physician, facility and more.

**Recent Activity**

**Claim Statements**

Claim Number	Patient Name	Provider	Date	Deductible Amount
#987654321098	DOE, CINDY	JOHN SMITH MD	08/15/2018	\$0.00
#987654321097	DOE, CINDY	JOHN SMITH MD	08/01/2018	\$27.54

[QSearch Claims Statements](#)

**myBlueWellness** 2

Care Reminders

**WELLNESS SCORECARD**  
You've completed 3 of 8 recommended health services. 38%

[See all Care Reminders](#) 3

Go to WebMD > Personal Health Record >  
My Health Assistant > WebMD Symptom Checker >  
Take the HealthQuotient (HQ) > WebMD Health Topics >

**myBlueRewards** Summary of Rewards Earned: \$0

Activity Description	Start Date	End Date	Reward (per Activity)	Earned
Member Management Contact	10/01/2020	12/31/2020	Virgin Pulse Points	
Member Management Contact	07/01/2020	09/30/2020	Virgin Pulse Points	

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# MOBILE APPS & TOOLS



## Alabama Blue APP

Mobile app for phone & tablet

- Check your benefits
- View or email your ID card
- Get your contract information
- Easy login with Touch or Face ID options
- Find a doctor...*and more!*

Register for *myBlueCross* to get enhanced features using Alabama Blue



## Health Handbook APP

Handy reference for your common health questions

- Health conditions defined
- Information on medications
- Medical procedures explained
- Natural treatment options
- Medical dictionary
- English-to-Spanish translations

Our Alabama Blue mobile app includes the **Virtual ID Card** so you can view or email your Blue Cross ID card!



## BABY YOURSELF®

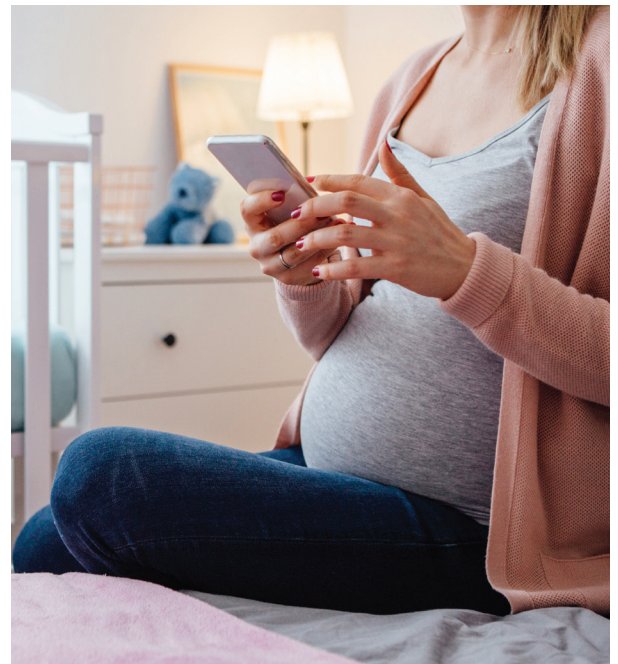
MOBILE APP FOR PHONE & TABLET

Tracks your baby's growth and your personal journey to motherhood

*Our latest app is just right for expectant moms!*

- Daily journal
- Photo gallery
- Kick counter
- Contraction counter
- Customizable reports
- Daily pregnancy and parenting tips
- One-button dialing to access your physician and/or Baby Yourself Nurse\*

\* For this service, you must be a Blue Cross and Blue Shield of Alabama member and enrolled in the Baby Yourself Maternity Program.



**BlueCross BlueShield  
of Alabama**

*We cover what matters.*

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There is no charge from Blue Cross and Blue Shield of Alabama to download, but rates from your wireless provider may apply. This information is for educational purposes only and is not a substitute for personal care from a licensed physician. Please consult your physician for diagnosis and treatment options.

*myBlueWellness* is a wellness website provided by Blue Cross and Blue Shield of Alabama and powered by WebMD®. WebMD is an independent company providing health assessment tools, such as HealthQuotient®, to our customers.